

Southampton CTC

Southampton CTC is the local CTC group for the area covering Southampton, Romsey, Eastleigh, Chandlers Ford and Waterside and we regularly welcome riders from outside this area. We offer a range of cycle rides and also organise special events throughout the year. We also campaign locally for better cycle facilities.



About our rides

Our rides range from short, easy rides suitable for novice cyclists to more challenging rides that are longer and faster.

We run regular Saturday and Sunday rides, occasional weekday and evening rides in the summer and Wednesday social night in the clubroom.

Most rides are on-road but we occasionally venture off-road, especially in the drier summer months.

Our Saturday rides are generally gentle-paced and Sunday rides moderate or faster/longer. Half-day rides usually include a café stop and day rides both a café and pub-lunch stop, occasionally afternoon tea as well.

The rides start from a number of locations around Southampton and Romsey. For latest information about the rides see our Website, Facebook and Google Group pages.

Joining a CTC ride

You do not have to be a member of CTC to come on the rides. Feel free to come on three or four rides and see if it works for you. After that we encourage you to join as the benefits of membership, particularly the insurance and discounts, are well worth the subscription. See www.ctc.org.uk

Southampton CTC contacts



secretary@southamptonctc.org.uk



www.ctc.org.uk/local-groups/southampton-ctc



www.facebook.com/SotonRomCTC



groups.google.com/forum/?fromgroups#!forum/southampton-ctc



Southampton CTC clubroom

Members meet every Wednesday 8.00 till 10.00pm at Chilworth Community Centre (not to be confused with Chilworth Village Hall). The community centre is on Fowlers Walk in Chilworth Old Village off Chilworth Road (A27). Post code is SO16 7NN, SU 406 187. These are social occasions and all are welcome. £2.50 subs to cover room hire and refreshments.

Printed by: ADH Printing, Kings Worthy, Winchester T 01962 882167



Cycle

with
Southampton CTC
August - October 2015







www.ctc.org.uk/local-groups/southampton-ctc

Rides diary August - October 2015

Ride start locations


ROM	Romsey, Market Place (Palmerston's statue), SO51 8NB. SU352212
MGR	West End Jct Botley Road, Moorgreen Road, SO30 3PY. SU473144
RED	The Ship, Test Lane, Old Redbridge Road, SO15 0NN. SU372137
CHL	Chilworth Road, Chilworth Roundabout, SO16 7JQ. SU 419173
CHFD	Chandlers Ford, Railway Station SO53 4DE, Station Lane side, next to the ticket office. SU432206
NBAD	North Baddesley traffic light crossroads, by Co-op, SO52 9DW






Ride grades











-  **Easy-paced:** 8-10mph, day ride 35-40m, ½ day 20m
Contact Viv Mackay 01794 368207
chair@southamptonctc.org.uk
-  **Moderate:** 10-12mph, day ride 40-50m, ½ day 30m *
-  **Faster:** 12-14mph, day ride 50-75m, ½ day 35m *
-  **... and Further:** 12-14mph, 75+m *
* Contact Chris Devrell 02380 740990
rides@southamptonctc.org.uk





Please note these definitions are a guide. Ride leaders will adjust pace according to need on the day.


















AUG	Description	Contact / grade
Sat 1 ROM 10am	 Silver Plough, Pitton	Jim Probert 02380 349985 
Sun 2 ROM 9am	Chute Causeway  Weyhill  Lower Chute. Optional tea at Longstock	Michael Ward 01794 523685 
Thurs 6 NBAD 7pm	Evening ride  Mill Arms, Dunbridge	Chris Devrell 02380 740990 
Fri 7 NBAD 9.30am	 St Cross	Kathy Purkis 07940 521386 

Sun 9 Town Quay 7.30am	Isle of Wight Meet Town Quay for 8am loW ferry to E. Cowes. Ride along railway line to Sandown then along the prom to  Shanklin	Jim Probert 02380 349985 
Sat 15 ROM 2pm	½ day afternoon ride  Crown, King's Somborne	Ali Baker 07875 325345 
Sun 16 MGR 9am	½ day ride  West Meon	Paul Rayfield 07791 578049 
Sat 22 NBAD 9.30am	 Dandy's Ford  Fritham	Kathy Purkis 07940 521386 

Sun 23	Leveret 50km Check-in 9am Romsey. Book in advance or on the day. Entry £4. See web site: www.ctc.org.uk/event/southampton-ctc-leveret-50km	
Thurs 27 CHFD 7pm	Evening ride  Dolphin, Hursley	Jenni Prior 07963 585433 
Sun 30 ROM 9am	 Fordingbridge  Broadchalke	Simon Keirby 01794 518298 

SEP	Description	Contact / grade
Wed 2 8pm	<i>Pedalling Heaven</i> Pictures of riding in Holland with Viv & Iain Mackay	Clubroom
Sat 5 ROM 10am	 Horse and Groom, Wood Green	Viv & Iain Mackay 01794 368207 
Sun 6 RED 8am	Ride from Redbridge to join New Forest 102km Audax, £6 entry, book in advance. See: www.aukweb.net/events/detail/13-499	Marcus Whitney 02380 432562 
Fri 11 ROM 9.30am	Stockbridge  Houghton Lodge	Kathy Purkis 07940 521386 
Sun 13 MGR 9am	 Swarraton  Golden Pot	Bob Damper 02380 263420 
Thurs 17 ROM 7pm	Evening ride  Wheatsheaf, Braishfield	Viv Mackay 01794 368207 

Sat 19 ROM 2pm	½ day afternoon ride  Carlos, Wellow	Jenni Prior 07963585433 
Sun 20 ROM 8am	½ day breakfast ride to Alma, Lower Upham (Marcus' 20 th Anniversary Ride). Or join us at the pub 10.15am for breakfast	Marcus Whitney 02380 432562 
Sat 26 NBAD 9.30am	 Landford Garden Centre  The Lord Nelson, Winterslow	Kathy Purkis 07940 521386 
Sun 27	Winchester Late Season 50 miles Alresford Start/Finish. See www.winchesterctc.org.uk/events	

OCT	Description	Contact / grade
Sat 3 CHFD 10am	 Buck's Head, West Meon	Mary Wallbank 02380 252003 
Sun 4 CHL 8.30am	 Popham Beacons  Lasham Airfield	Marcus Whitney 02380 432562 
Wed 7 8pm	Runs list meeting	Clubroom
Fri 9 NBAD 9.30am	Sherfield English  Dandy's Ford	Kathy Purkis 07940 521386 
Sun 11 MGR 9am	 Little Kitchen, Headbourne Worthy  Chilbolton	Bob Damper 02380 263420 
Sat 17 ROM 2pm	½ day afternoon ride  Tally Ho, Broughton	Viv & Iain Mackay 01794 368207 
Sun 18 ROM 9am	Cranbourne  Salisbury  6D Handley	Michael Ward 01794 523685 
Fri 23 NBAD 9.30am	Firsdawn  The Haven	James Airey 02380 275002 
Sun 25 RED 9am	Across the New Forest  The Gun Inn, Keyhaven	Jim Probert 02380 349985 

Advanced Notice: AGM, Weds 4th Nov, Clubroom 8pm.