

## Southampton CTC

Southampton CTC is the local CTC group for the area covering Southampton, Romsey, Eastleigh, Chandlers Ford and Waterside and we regularly welcome riders from outside this area. We offer a range of cycle rides and also organise special events throughout the year. We also campaign locally for better cycle facilities.



### About our rides

Our rides range from short, easy rides suitable for novice cyclists to more challenging rides that are longer and faster.

We run regular Saturday and Sunday rides, weekday evening rides in the summer and Wednesday social night in the clubroom.

Some of our rides are combined with Winchester CTC. Most rides are on-road but we occasionally venture off-road, especially in the drier summer months.

Our Saturday rides are generally gentle-paced and Sunday rides moderate or faster/longer. Half-day rides usually include a café stop and day rides both a café and pub-lunch stop, occasionally afternoon tea as well.

The rides start from a number of locations around Southampton and Romsey. For latest information about the rides see our Website, Facebook and Google Group pages.

### Joining a CTC ride

You do not have to be a member of CTC to come on the rides. Feel free to come on three or four rides and see if it works for you. After that we encourage you to join as the benefits of membership, particularly the insurance and discounts, are well worth the subscription.



### Southampton CTC contacts



[sec@southamptonctc.org.uk](mailto:sec@southamptonctc.org.uk)



[www.ctc.org.uk/local-groups/southampton-ctc](http://www.ctc.org.uk/local-groups/southampton-ctc)



[www.facebook.com/SotonRomCTC](http://www.facebook.com/SotonRomCTC)



[groups.google.com/forum/?fromgroups#!forum/southampton-ctc](https://groups.google.com/forum/?fromgroups#!forum/southampton-ctc)

### CTC membership

Membership is £41 (or less) per year. See [www.ctc.org.uk](http://www.ctc.org.uk)

ALL THOSE PARTICIPATING IN CTC ACTIVITIES DO SO AT THEIR OWN RISK

Riders under 18 are welcome on our rides with parental consent. Please email [sec@southamptonctc.org.uk](mailto:sec@southamptonctc.org.uk) for more information

# CYCLE


with


## Southampton CTC


February - April 2015



## Ride grades

**Gentle**  8-10mph, day ride 35-40m, ½ day 20m  
Contact Viv Mackay 01794 368207  
[chair@southamptonctc.org.uk](mailto:chair@southamptonctc.org.uk)

**Moderate**  10-12mph, day ride 40-50m, ½ day 30m  
Contact Chris Devrell 02380 740990  
[info@southamptonctc.org.uk](mailto:info@southamptonctc.org.uk)

**Faster**  12-14mph, day ride 50-70m, ½ day 35m  
Contact Chris Devrell 02380 740990  
[info@southamptonctc.org.uk](mailto:info@southamptonctc.org.uk)

Please note these definitions are a guide. Ride leaders will adjust pace according to need on the day. Our policy is that no-one is left behind.

## Southampton CTC clubroom
























Members meet every Weds 8–10pm at Chilworth Community Centre off Chilworth Road (behind church) SO16 7JP. SU407188. All welcome. £2.50 subs to cover room hire and refreshments.


























## Ride start locations

ROM Romsey, Market Place (Palmerston's statue), SO51 8NB. SU352212  
MGR West End Jct Botley Road, Moorgreen Road, SO30 3PY. SU473144  
RED The Ship, Test Lane, Old Redbridge Road, SO15 0NN. SU372137  
CHL Chilworth Road, Chilworth Roundabout, SO16 7JQ. SU 419173  
CHFD Chandlers Ford, Railway Station SO53 4DE  
NBAD North Baddesley traffic light crossroads, by Co-op, SO52 9DW

For more detailed information on any of the rides and events see our website or contact the ride leader.

## Rides diary February - April 2015

FEB	Description	Contact / grade
Sun 1 RED 9am	½ day ride  Downton	Simon Keirby 01794 518298 
Fri 6 NBAD 9.30am	½ day ride 20miles  Cadnam garden centre	Kathy Purkis 0794 0521386 
Sat 7 ROM 10am	Hythe  Ashurst  Pub in Hythe	Jim Gill 0772 6716343 
Sun 8 CHFD 9am	½ day ride  Leckford	James Airey 02380 275002 
Sun 15	EVENT: <b>Winchester Early Season 50 miles</b> Start/Finish: Queen's Head Fishers' Pond Sue Coles <a href="http://www.winchesterctc.org.uk">www.winchesterctc.org.uk</a>	
Wed 18 8pm	GPS and Route Planning talk and workshop led by Mike Ward	Clubroom
Sat 21 ROM 1.30pm	Afternoon Ride  The Dolphin Hursley	Viv & Iain Mackay 01794368207 
Sun 22 ROM 9am	Fritham  Downton  Royal Oak Fritham	Mike Ward 01794 523685 
MARCH	Description	Contact / grade
Sun 1 RED 9am	½ day ride  Landford, meeting Winchester CTC for coffee	John Heath 02380 496507 
Sat 7 ROM 10am	The Wallops  Museum of Army Flying cafe	Cyrylyn Scott 02380 262968 
Sun 8 MGR 9am	 Swarraton café, Northington  Jolly Farmer in Cliddesden	Bob Damper 02380 263420 
Wed 11 8pm	Bike Maintenance with Dr Bob. Come along and learn some new maintenance skills. - you might even get your bike fixed!	Clubroom
Fri 13 NBAD 10am	Hamble waterfront ride, 25miles  Hamble, joint event with Cheers Meetup group	Chris Devrell 02380 740990 

Sun 15 ROM 8.30am	Amesbury (Mother's Day) 8am pre-ride coffee and bun at Costa's, Romsey marketplace.  Friar Tuck Amesbury	Marcus Whitney 02380 432562 
Sat 21 ROM 1.30pm	Afternoon Ride  Bear and Ragged Staff	Viv & Iain Mackay 01794368207 
Sun 22 ROM 9am	EVENT: <b>Romsey Round 75miles</b> Start and finish in Romsey. Prebooking preferred (see website) or enter on the day. Bob Damper 02380 263420	
Sun 29 CHL 9am	½ day ride West Meon  meet Portsmouth CTC for coffee at West Meon	Paul Rayfield 
APRIL	Description	Contact / grade
Sat 4 MGR 10am	 The Ship, Owslebury	Ann Smyth 07528 231794 
Sun 5 RED 9am ROM 9.45am	Easter Sunday: Bourne Valley  Andover  St Mary Bourne  Longstock	Jim Probert 02380 349985 
Wed 8 8pm	Runs list meeting All welcome	Clubroom
Fri 10 RED 9.30am	½ day ride  Beaulieu	Kathy Purkis 0794 0521386 
Sun 12 ROM 9am	Tangley  Middle Wallop  Tangley	Simon Keirby 01794 518298 
Sat 18 ROM 2pm	Afternoon ride  Dandy's Ford	Ali Baker 07875325345 
Sun 19 ROM 9am	Three Rivers ride  Upham  Alresford	Mike Ward 01794 523685 
Sun 26 NBAD 9.30am	New Forest, some tracks  Village shop Minstead  Fritham	Kevin Purkis 0794 0521386 
Sun 26	EVENT: <b>Winchester Open 100 or 50 miles</b> Sue Coles <a href="http://www.winchesterctc.org.uk">www.winchesterctc.org.uk</a>	
Wed 29 8pm	"Improve your group riding" with Bob Damper	Clubroom